

MEDICAL CONDITION

SHOCK

TYPES OF

- Hypovolaemic (Bleeding)
- Cardiogenic (Heart related)
- Neurogenic (nerve related)
- Anaphylactic (reaction to external influence)

SIGNS & SYMPTOMS

Liabile to faint, become nauseous with possible vomiting and blurred vision

- Pulse slow but then becomes fast and feeble
- Cold and clammy skin
- Pale colour
- Eye pupils slow to react
- Breathing – shallow, fast and gaspy

ACTION

It is important to maintain a stable patient by:

- Treating injuries and maintain an open airway
- Keeping patient at normal body temperature
- Keeping legs in a raised position to keep good blood pressure and circulation
- Regularly check patient for signs of deterioration
- Reassure patient if conscious

Above all,

DO NOT GIVE FOOD OR LIQUIDS OR ALLOW SMOKING

Derived from NARS beach manual

